

7 Can Chicken Taco Soup

Prep Time: 5 minutes Cook Time: 15 minutes Total Time: 20 minutes

Ingredients

- 1 can black beans (drained & rinsed)
- 1 can pinto beans (drained & rinsed)
- 1 can sweet corn (drained)
- 1 can (12.5 oz) chicken breast (drained & flaked)
- 1 can petite diced tomatoes (undrained)
- 1 can (10 oz) green enchilada sauce
- 1 can (14 oz) low-sodium chicken broth
- 1 packet (mild) taco seasoning

Instructions

1. Combine all ingredients into a large soup pot and bring to a boil over medium-high heat. Once boiling reduce heat to low and let simmer for at least 15 minutes. Stirring occasionally.
2. Serve with tortilla chips, shredded cheese, sour cream, and avocado!